

Persoonlijke Records

23-1-2012

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Aalders, Saskia				00:54:86	01:23:45	01:55:58	03:10:39			
Aartman, Anton	00:11:14		00:26:50	00:40:13	01:00:58	01:20:47	02:04:85	04:28:75	08:14:21	16:50:01
Ackermans, Jan						01:58:51	02:48:69			
Adegeest, Leo				00:43:70		01:28:00	02:13:98	04:44:30		
Andriessen, Kees						01:40:62				
Angenent, Marco	00:13:78		00:33:14	00:46:32	01:21:75	01:34:08	02:20:81			
Baat, de Maarten	00:13:55		00:35:25	00:52:59	01:24:10	01:54:88				
Balkenende, Hein				00:47:63		01:38:29	02:28:03	05:21:08		
Balvers, Tim	00:09:91		00:23:22	00:37:42		01:14:53	01:54:84	04:17:57		
Balvert, Dave	00:11:86		00:29:15	00:41:96	01:08:80	01:27:44	02:09:24	04:37:01		
Balvert, Ruth	00:14:38		00:36:04	01:01:86						
Beek, van William			00:43:62	01:10:65	01:47:24					
Beertema, Bob				00:47:66		01:42:02	02:45:25			
Beijeman, Emelie	00:14:63		00:36:10	00:56:37	01:25:60	02:00:84				
Beijeman, Iris	00:12:48		00:29:87	00:48:28	01:22:59	01:38:89	02:33:17			
Beijeman, Louise	00:14:00		00:37:68	01:02:98						
Berkelaar, Esther				01:02:77		02:15:25				
Bezuijen, Niek	00:10:93		00:25:72	00:40:06	01:20:62	01:25:16	02:10:97	04:54:44		
Blikendaal, Kirsten			00:36:06	00:57:22	02:21:00	02:03:09				
Blijleven, Kim	00:15:05		00:37:79	01:04:53	01:35:84	02:29:11				
Blom, Joren	00:14:81		00:39:89							
Blom, Joris	00:12:00		00:31:00	00:45:88	01:20:66	01:35:51	02:26:22			
Blom, Lieke	00:12:87		00:32:04	00:48:29	01:12:50	01:43:11				
Blom, Marlise	00:15:89		00:39:82	01:08:00	01:35:38					
Bodegraven, Robert				00:42:80		01:26:02	02:09:70	04:34:35	07:57:41	16:55:30
Boekhoff, Rens	00:10:06		00:23:76	00:36:32		01:11:84	01:51:66	04:15:87		
Boere, Joline	00:13:94		00:36:03	00:55:31	01:23:56					
Boers, Johan				00:45:88		01:32:76	02:25:16	05:20:56		
Bomer, Christoph	00:12:92		00:31:23	00:44:61	01:11:30	01:31:31	02:24:33			
Boogaard, Noah	00:11:76		00:28:95	00:45:50	01:04:35	01:38:95	02:21:48			
Boonstra, Douwe	00:14:32		00:35:24	00:52:23	01:15:97	01:45:70				
Boonstra, Rienke	00:14:17		00:34:27	00:52:02	01:16:45	01:47:63	02:52:97			
Borst, Naomie	00:15:37		00:42:60	01:13:17						
Bos, Marco				00:38:31		01:15:87	01:51:71	03:55:12	06:38:67	14:21:80
Bosman, Mireille			00:38:30	01:06:48	01:39:41					
Braber, den Marina	00:13:10		00:32:66	00:51:15	01:16:09	01:47:43	02:48:12			
Braber, den Ruth	00:13:00		00:31:38	00:47:80	01:13:86	01:34:80	02:25:58	05:02:92		
Brouwer, Gerben				00:42:75	01:15:16	01:31:53	02:09:36			
Brouwer, Marcel	00:12:65		00:32:98	00:46:54		01:37:13	02:27:32	05:03:05		

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Brouwer, Paul				00:44:24		01:35:16	02:21:56	05:26:74		
Burggraaf, H�elene				01:00:39		02:04:96				
Burggraaf, Ria	00:17:38		00:38:96	00:57:19		01:58:08				
Burghard, Sophie	00:15:71		00:43:30							
Busker, Sabrina	00:15:13		00:41:28	01:12:63	01:52:72					
Capel, van Marije	00:39:01		00:49:77	01:06:47	01:38:77					
Capel, van Menno	00:14:41		00:39:92	01:07:82						
Capel, van Oscar	00:15:89		00:46:21							
Capel, van Peter	00:11:40		00:28:10	00:42:13		01:23:08	02:03:90	04:16:63	07:10:29	14:45:46
Capel, van Rowie	00:16:58		00:45:40	01:15:50						
Cornelissen, Peter	00:15:95		00:46:07	01:19:97		03:00:93				
Dam, van Annemarie	00:13:27		00:33:60	00:50:78	01:13:30	01:44:48	02:45:02			
Dam, van Dani�lle	00:13:46		00:33:93	00:50:97	01:32:60	01:46:62	02:46:78			
Dam, van G�				00:47:06			02:28:87	05:27:90		
Dam, van Piet	00:12:27		00:29:52	00:44:94		01:32:40	02:20:20	05:06:60		
Davids, Lara	00:15:93		00:41:51	01:09:84		02:40:38				
Dekker, den Suzan			00:42:54	01:10:88						
Dekker, Miranda				00:40:88		01:21:82	02:02:25	04:22:85	07:43:49	
Dijk, van Maaike			00:44:09	01:08:78	01:37:38					
Dijkers, Quinty			00:38:81	01:05:97						
Dijkers, Sidney	00:13:94		00:35:30	01:00:38						
Dijkshoorn, Jochem			00:36:96	00:56:31	01:21:90	01:55:62				
Dolder, den Denise				00:48:75		01:40:69	02:35:96			
Dolder, van Kim			00:43:55	00:57:68			03:26:15			
Domburg, Patrick				01:01:19	01:30:37					
Driel, van David	00:12:83		00:32:20	00:51:44	01:18:32	01:46:87				
Driel, van Marie Louise	00:13:10		00:33:21	00:52:06	01:16:72	01:51:43				
Driessen, Jan Paul				00:45:37		01:35:81	02:21:05	05:03:75		
Egmond, van Leo	00:12:48		00:30:88	00:44:77	01:04:61	01:29:21	02:16:44	04:46:73	08:24:62	17:06:40
Eys, Eric	00:13:89		00:39:89	00:58:25	01:28:86					
Eys, Kees	00:11:11		00:26:19	00:43:12		01:26:10	02:09:70	04:35:30	08:02:93	
Fransen, Bram				01:12:49	01:43:60					
Fransen, Ferry	00:11:79		00:25:97	00:38:91	01:07:03	01:17:60	01:57:59	04:05:53		
Fransen, Saskia	00:14:37		00:34:93	00:53:82	01:16:22	01:51:55	02:59:71			
Fransen, Vivian	00:14:46		00:39:67	01:06:21						
Fransen, Yvonne	00:14:35		00:39:32	01:00:58	01:40:24	02:30:82				
Gast, de Gijs				01:02:92	01:27:92					
Gils, van Rick				00:56:50	01:28:04	02:04:92	03:06:93			
Ginkel, van Martin	00:10:07		00:24:01	00:36:69		01:13:73	01:56:58			
Goes, Johan	00:12:40		00:29:50	00:44:50	01:02:83	01:29:37	02:15:32	04:39:72	07:57:89	

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Groenendijk, Marc				00:46:00		01:24:04	02:20:57			
Groenendijk, Martine				01:23:70		02:51:20				
Groeneveld, Debbie	00:11:70		00:28:60	00:44:83	01:01:86	01:28:72	02:19:14	05:05:92		
Groeneveld, Hen	00:11:20		00:27:79	00:44:12	01:03:25	01:30:45	02:19:03	05:07:32		
Groeneveld, Marco	00:10:10		00:24:80	00:38:29	00:54:75	01:16:90	01:57:46	04:09:11		
Groeneveld, Monique	00:12:20		00:29:41	00:44:40		01:27:70	02:13:80	04:40:00	08:14:56	
Groeneveld, Vincent				00:43:37		01:28:34	02:11:60	04:48:96		
Groot, de Amber				01:23:33		01:46:70				
Groot, de Linda	00:11:89		00:28:40	00:43:95	01:03:82	01:29:32	02:15:80	04:50:21		
Groot, de Mark	00:14:24			00:58:29	01:20:17					
Groot, de Rianne				00:50:59		01:40:29				
Groot, de Sander	00:13:36		00:34:89	00:57:15	01:24:18	02:14:46				
Groote, de Arne	00:10:25		00:24:57	00:37:53		01:14:25	01:56:48			
Guldemon, Evert				00:44:80		01:31:21	02:15:38	04:50:55		
Haak, v.d. Dirk	00:25:82		00:53:13							
Ham, van der Susan				00:53:10		01:51:97				
Ham, van der Susanne	00:14:73		00:48:72	01:00:44		02:09:38				
Hanswijk, van Angela	00:16:64		00:40:77	01:00:00	01:34:73					
Hanswijk, van Jessica	00:13:18		00:35:58	00:58:99	01:17:87	02:01:27				
Hanswijk, van Nathalie			00:32:17	00:49:70	01:13:83	01:40:38	02:39:76	05:23:31		
Harten, van Leon	00:10:50		00:25:68	00:41:43	01:00:06		02:15:48	05:00:12		
Hartog, den Sem	00:14:96		00:41:72	01:08:32						
Heijns, Bas	00:14:55		00:37:26	00:59:59	01:27:41	02:13:90				
Helder, van den Kim			00:39:49	01:10:94						
Helder, van den Marjonke	00:15:36		00:41:06							
Helder, van den Rianne	00:14:19		00:38:55	01:04:27	01:47:27					
Hellingerwerf, Vivian	00:14:45		00:41:26	01:10:97						
Herr, Ayla			00:44:51	01:12:49		02:42:75				
Hilders, Ton			00:30:70	00:45:62		01:30:21	02:17:46	04:54:33	08:56:90	
Hoek, van de Jeffrey	00:10:79		00:25:79	00:40:07		01:22:36	02:04:79	04:19:12		
Hoek, van den Yordi	00:10:86		00:25:99	00:39:09		01:20:65	01:56:78	04:03:73	06:59:19	
Hoogendoorn, Volkert	00:13:47		00:36:10	00:59:73						
Hoogervorst, Esther	00:15:27		00:39:94	00:57:66	01:24:54	02:00:57				
Hoogervorst, Valerie	00:14:74		00:41:74	01:10:42						
Hoogeveen, Annebel				01:10:81		02:25:82				
Hoorn, van den Bob	00:16:29		00:46:45	01:17:22						
Hoorn, van der Cas	00:14:85		00:42:62	01:10:71						
Houtkamp, Lotte				01:12:05	01:47:83					
Immerzeel, Nick				01:11:55	01:44:58					
Iren, van Esther	00:14:34		00:37:56	01:01:38	01:27:68					

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Janmaat, Jeltje			00:29:98	00:45:33		01:29:86	02:12:99	04:40:57		
Janmaat, Wesley	00:10:37		00:24:68	00:38:22	01:01:68	01:16:53	01:59:87	04:13:17		
Jansen, Annicke	00:14:12		00:37:00	01:00:99						
Jansen, Arno				00:43:80		01:29:40	02:22:30	05:04:60		
Jansen, Iris	00:14:45		00:37:73	01:02:86		02:19:08				
Janssen, Hester	00:14:64		00:42:71	01:08:23	01:40:03	02:25:66				
Jong, de Gijsbert	00:12:68		00:30:19	00:46:21	01:07:75	01:32:60	02:17:81	05:08:21		
Jong, de Marco			00:31:37	00:48:18	01:17:93	01:35:62	02:27:43	05:12:52		
Jong, de Mirjam			00:39:01	01:02:95	01:30:88	02:18:21				
Jong, de Roel	00:11:40		00:27:45	00:42:01	01:06:29	01:24:22	02:05:80	04:25:10	07:41:05	17:08:85
Jonge, de Robert	00:14:10		00:37:99	01:01:40	01:30:09					
Kaas, Lukas	00:12:04		00:29:10	00:42:63	01:15:30	01:28:10	02:20:90	05:15:17		
Kant, van der Justin	00:14:46		00:39:54	01:02:24	01:32:60					
Keereweer, Noah	00:14:51		00:39:45	01:05:02						
Kempenaar, Erik				00:44:92		01:28:71	02:17:40	05:08:02		
Kempenaar, Martin				00:45:93		01:50:40	02:18:62	04:51:68		
Kempers, Danette	00:14:65		00:37:03	00:58:97		02:19:10				
Kempers, Jeanine			00:45:96	01:13:64						
Klein, v.d. Nick	00:14:42		00:41:01							
Klein-Hesselink, Hans				00:38:45		01:14:99	01:53:79	04:03:61	06:58:96	14:31:31
Kocken, Milan	00:10:78		00:24:92	00:38:70		01:15:99	01:56:38	04:09:39	07:16:01	
Koert, van Sabien	00:13:87		00:40:03	01:13:66						
Koert, van Simone	00:13:59		00:36:93	01:01:02	01:31:14					
Könst, Bernadet	00:14:19		00:35:38	00:54:69	01:21:12	01:51:49	02:52:26			
Könst, Hanriëtte				00:49:44		01:42:95	02:35:34	05:41:90		
Kool, Hans				00:38:38		01:15:11	01:54:62	04:12:20	00:45:76	
Koot, Peter				00:47:42		01:36:59	02:29:20	05:15:23		
Koot, Robert			00:41:03	01:05:99	01:36:40					
Koot, Trudy				00:58:36	01:23:64	02:00:81	03:02:63	06:33:98		23:10:80
Korbee, Janneke	00:15:34		00:40:31	01:01:30	01:32:29	02:07:23				
Kranenburg, Wiggert				00:48:15			02:41:37			
Kroft, Jesse	00:14:20		00:41:40	01:09:21						
Kuijf, Nicole	00:14:48		00:38:86	01:00:11	01:48:95	02:07:85				
Laan, van de Sophia	00:15:07		00:40:63	01:08:94						
Laan, van der Fedor	00:13:33		00:33:22	00:49:15	01:15:70	01:37:23	02:35:70			
Laan, van der Margret				00:54:83		01:52:35	03:00:73			
Laar, v.d. Jorg	00:14:78		00:40:44	01:03:86		02:15:28				
Lammeren, v. Rosanne	00:16:32		00:45:56							
Lammeren, van Madelon	00:13:96		00:35:57	00:57:93	01:25:66	02:12:03				
Lammeren, van Piet				00:46:92		01:34:85	02:24:84	05:00:73		

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Landt, Op 't Mark	00:11:90		00:29:17	00:42:47	01:07:75	01:29:10	02:13:28	04:36:36		
Lebesque, Lisa	00:20:19		00:43:51							
Leliveld, Ciske	00:14:86		00:42:65	01:11:26						
Leliveld, Nicole	00:15:39		00:44:95							
Lemmers, Koen	00:12:84		00:31:24	00:43:43	01:10:85	01:30:79	02:16:51	04:50:74		
Lemmers, Stijn	00:14:70		00:42:59	01:14:07						
Lensen, Dave	00:09:94		00:24:24	00:36:37		01:11:84	01:52:06	04:18:90	07:30:37	
Lith, van 't Greet			00:38:66	01:00:31	01:23:06					
Lodewijk, Michelle	00:14:37		00:40:17	01:09:57	01:40:09					
Looy, Bob	00:15:22		00:40:28	01:06:98	01:28:69					
Louwes, Megan	00:16:35		00:47:19	01:17:81	01:58:46					
Louwes, Nick	00:12:98		00:33:89	00:52:40	01:16:44	01:52:40	02:49:71			
Luijben, Erik	00:13:62		00:36:26	00:58:36	01:24:55	02:04:45				
Luijben, Paul			00:38:76	01:03:90	01:33:45					
Lunstroo, Kaj	00:13:37		00:32:97	00:49:79	01:13:90	01:40:57				
Lunstroo, Sten	00:14:35		00:37:01	01:00:97						
Marel, van de Jan				00:46:38			02:18:95	04:47:04		
Marel, van der Bram	00:14:89		00:39:58	01:04:20						
Meijer, Jolanda	00:13:62		00:33:88	00:50:64	01:14:66	01:40:35	02:43:51			
Meyer, Maaïke			00:39:06	01:03:19	01:32:70	02:11:49				
Middelkoop, Laurens-Jan	00:14:35		00:39:65	01:12:02						
Minnaard, Annelies	00:14:37		00:40:04	01:00:46	01:31:41	02:16:83				
Minnaard, Erik	00:14:46		00:39:22	01:02:96	01:29:26					
Molenaar, Stijn	00:13:74		00:36:11	01:01:53	01:21:54	02:14:28				
Mulder, Laurens	00:10:79		00:25:38	00:39:36	01:05:64	01:18:24	01:57:31	04:18:69		
Mulder, Lieuwe			00:24:91	00:37:06		01:12:45	01:56:92			
Mulder, Peter				00:52:76			02:35:14			
Nieuwenhuizen, Cees				00:45:71		01:34:72	02:20:16	05:07:95		
Nieuwenhuizen, Hans	00:12:55		00:28:94	00:43:63	01:10:18	01:30:62	02:12:64	04:57:02		
Nieuwenhuizen, Jan	00:10:28		00:24:85	00:38:50	00:55:51	01:17:35	01:58:98	04:19:70	07:43:00	16:09:00
Nieuwenhuizen, Milou	00:13:76		00:34:98	00:50:81	01:35:25	01:42:96				
Nieuwenhuizen, Pim	00:12:51		00:31:39	00:47:14	01:07:28	01:36:57				
Nieuwenhuizen, Rob	00:11:10		00:26:30	00:40:47	01:03:89	01:20:12	02:03:39	04:14:38	07:15:03	16:25:10
Nieuwenhuizen, Wim	00:12:25		00:29:88	00:45:30	01:07:98	01:30:30	02:19:05	05:01:65	08:18:20	16:53:72
Olsthoorn, Fleur	00:13:92		00:32:41	00:50:11	01:25:19	01:42:93				
Olsthoorn, Maartje	00:14:92		00:34:27	00:47:43	01:34:56	01:38:01				
Olsthoorn, Tessa	00:12:50		00:29:61	00:45:56	01:26:07	01:39:74	02:27:84			
Oord, van der Patrick	00:13:91		00:35:09	00:50:11	01:14:09	01:46:35	02:38:38			
Oord, van der Stephanie	00:13:80		00:36:15	00:58:06	01:32:47					
Oordt, van Judith				01:23:51	02:05:74					

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Os, van Hine	00:13:07		00:33:67	00:54:13	01:18:53					
Pastoor, Lisanne			00:38:99	01:00:17	01:34:63					
Pastoor, Stefan	00:13:73		00:33:18	00:50:93	01:20:01	01:41:98	02:36:80			
Peet, van der Sven	00:13:96		00:34:61	00:52:74	01:17:18	01:49:63				
Peet, van der Twan	00:11:67		00:27:73	00:43:16	01:11:06	01:27:72	02:15:82	04:34:38		
Pennartz, Joep				00:37:53		01:14:08	01:51:23	03:56:75	06:56:20	
Pieterse, Alex	00:14:71		00:40:47	01:08:50						
Pieterse, Frank	00:10:10		00:25:31	00:39:70		01:19:80	02:04:70	04:22:40	07:50:25	
Pieterse, Krista				01:16:68		02:34:92				
Pieterse, Pieter	00:11:10		00:25:92	00:39:33	00:56:19	01:17:23	01:57:25	04:08:93	07:06:86	15:37:90
Pieterse, Ron				00:44:41		01:30:05	02:15:70	04:48:22		
Pietersen, Jeroen	00:14:24		00:40:36	01:06:86						
Pijper, de Thijs	00:10:37		00:24:88	00:38:27		01:15:87	01:56:56	04:13:14		
Ploeg, van de Jan				00:39:26		01:17:76	01:58:43	04:13:00		
Plomp, Christa	00:15:37		00:39:14	01:07:47						
Rademaker, Anouk	00:13:24		00:32:90	00:47:71	01:10:70	01:34:38	02:26:84	05:14:96		
Rademaker, Gwen			00:38:63	01:05:97						
Rademaker, Lennaert Pieter	00:10:54		00:25:10	00:38:73	01:17:39	01:17:16	01:58:48	04:12:48		
Rademaker, Maurice	00:16:20		00:51:03	00:56:11	01:16:90	01:54:37				
Rademakers, Adryan	00:13:25		00:34:00	00:53:63	01:23:01	01:54:49				
Regelink, Kevin				00:38:61		01:18:09	01:57:05	04:02:84	07:01:43	
Regtvoort, Annabel	00:11:41		00:27:76	00:43:42	01:09:34	01:29:30	02:18:16	04:58:03		
Regtvoort, Evelien	00:14:31		00:35:63	00:53:21	01:36:64	01:50:68				
Regtvoort, Simone	00:13:62		00:32:43	00:51:87	01:18:59	01:45:85	02:47:50			
Regtvoort, Stephan				00:44:77			02:27:03			
Renooij, Jacco	00:15:84		00:42:60	01:11:76	01:43:23					
Renooy, Erwin					01:31:73					
Rewijk, Frans	00:11:42		00:28:01	00:43:61	01:13:18	01:26:96	02:12:98	04:46:20		
Rietveld, Dylan	00:14:35		00:40:25	01:05:46						
Rijk, de Brent	00:13:77		00:35:08	00:54:46	01:20:44	01:54:76				
Rijk, de Daan	00:13:64		00:35:03	00:54:64		01:56:93	02:58:85			
Rijk, de Eric	00:14:19		00:47:51							
Rijk, de Jessica	00:15:10		00:38:41	01:01:70	01:39:86					
Rijk, de Robbert	00:11:10		00:26:06	00:36:70	00:58:62	01:10:67	01:46:64	03:45:81	06:31:74	14:00:49
Rijn, van Margreet	00:12:90		00:33:76	00:54:21	01:24:66	01:56:12				
Rijnbeek, Annelies	00:14:01		00:37:58	01:02:10						
Romeijn, Aron	00:10:25		00:24:17	00:36:61		01:12:12	01:52:70	04:08:32	07:06:13	
Romeijn, Ruben				00:36:86		01:15:61	01:55:42	04:14:20		
Roos, Helene				01:00:26		02:03:64				
Rossum, van Erik	00:15:70		00:38:01	01:14:98						

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Salemi, Mike	00:13:68		00:34:51	00:50:47	01:21:95	01:44:51				
Samsom, Ellis				00:51:42		01:41:58				
Schenk, Maaïke	00:12:30									
Scheppingen, van Gerard				00:47:70		01:43:80	02:27:40	05:15:50		
Scheppingen, van Mariëlle	00:11:76		00:29:00	00:44:32	01:05:93	01:29:90	02:18:18	04:52:70	08:29:95	
Schie, van Rianne	00:14:24		00:37:86	00:57:49	01:19:77	02:00:05				
Schimmel, Floris	00:10:87		00:25:70	00:40:46		01:21:86	02:03:71	04:35:04		
Schimmel, Melchior			00:28:01	00:44:03		01:29:15	02:16:50	04:48:58		
Schutter, Anouska			00:41:27	01:08:13						
Schutter, Colin	00:13:29		00:33:63	00:44:06		01:31:82	02:19:86			
Seijsener, Claire	00:14:25									
Sijmonsma, Simon	00:11:96		00:30:50	00:47:39	01:16:16	01:37:93	02:39:46			
Simmerman, Kelly	00:15:90		00:45:71	01:19:18						
Slingeland, Jaco				00:50:97		01:43:84	02:42:33			
Slooten, van Ronald	00:09:86		00:23:31	00:35:58		01:09:84	01:49:28	03:58:11	07:06:06	
Smooenburg, van Marco				01:03:92	01:33:94					
Smooenburg, van Sandra				00:50:31		01:44:38	02:37:28	05:32:68		
Snellink, Beau	00:14:54		00:39:26	01:04:82						
Spaargaren, Sietse	00:10:12		00:24:08	00:37:40		01:15:08	01:58:91	04:44:21		
Stam, Arinda				00:44:95			02:17:18			
Stam, Eddy	00:10:86		00:25:88	00:38:90	01:07:20	01:16:72	01:52:65	04:03:82	06:50:73	14:30:65
Stam, Niels	00:11:96		00:28:18	00:39:36	01:02:77	01:18:95	02:00:14	04:18:97	07:26:00	
Star Jr, van der Peter	00:10:76		00:25:62	00:40:91	01:08:81	01:24:78	02:07:55	04:17:70		
Star Sr, van der Peter	00:11:73		00:26:99	00:43:83		01:28:55	02:16:27	04:59:61		
Star, van der Ruud	00:11:36		00:26:46	00:40:00	01:06:46	01:21:49	02:04:61	04:17:68		
Star, van der Simone	00:11:39		00:26:98	00:42:16	01:01:72	01:26:30	02:16:50	04:50:96		
Steen, van der Inez	00:11:87		00:27:75	00:43:78		01:30:72	02:18:13	04:57:89		
Sytema, Sjoerd	00:11:02		00:25:93	00:39:21		01:17:22	01:56:43	03:59:89	06:54:80	14:56:58
't Klooster, van Steven	00:10:47			00:38:71		01:20:23	01:56:89	04:08:68	07:21:50	
Tersteeg, Cerise	00:12:02		00:28:20	00:41:41	01:09:19	01:16:47	02:09:10	04:34:17		
Tersteeg, Joni	00:12:82		00:31:28	00:48:63	01:11:08	01:41:08				
Tersteeg, Saskia	00:12:15		00:29:13	00:45:33	01:12:52	01:31:25	02:17:08	04:49:38		
Tielen, Ron				00:44:20		01:33:10	02:20:37	04:55:80		
Tigchelaar, Robert	00:14:61		00:40:19	00:57:18	01:22:66	01:58:17				
Timmermans, Thijs			00:38:89	01:02:08	01:30:97	02:11:77				
Tjeerdma, Michiel	00:14:96		00:40:38							
Tol, van Claudia	00:11:36	00:16:58	00:27:16	00:41:19	01:00:97	01:23:19	02:06:63	04:37:84		
Tol, van Marcel	00:14:12		00:36:28							
Tol, van Monique	00:15:38		00:39:62	01:02:55	01:32:01	02:19:81				
Toonen, Leon	00:10:70		00:25:37	00:38:33	01:04:69	01:16:56	01:53:30	03:55:63	06:49:97	14:09:57

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Toonen, Viktor	00:10:64		00:24:79	00:37:77	01:06:70	01:16:98	01:52:09	04:05:20	07:02:66	
Toor, Emma	00:12:31		00:29:44	00:45:97	01:06:08	01:35:19	02:26:96			
Toor, Lizzy	00:15:65		00:45:02							
Toorn, van den Vincent	00:14:03		00:40:26	01:07:62						
Trouw, Jurre	00:09:89		00:24:08	00:35:16	00:58:69	01:10:35	01:49:69	04:00:85	07:23:01	
Trouw, Pieter Jelle	00:11:42		00:28:83	00:45:30	01:06:79	01:35:42	02:23:93			
Uittenbogaart, Denise				00:56:76	01:23:99	01:58:20				
Vaart, van de Arianne	00:14:83		00:34:65	00:52:76	01:38:10	01:46:35	02:48:78			
Veen, van Louis				00:43:39		01:24:94	02:09:04	04:35:39	07:57:76	
Veenman, Jurien	00:13:32		00:32:30	00:48:73	01:13:27	01:42:64	02:39:31			
Veenman, Juriën	00:14:79		00:40:83							
Veenman, Rene				00:45:21		01:30:76	02:19:37	04:53:20	08:11:48	
Veenman, Riette					01:11:09					
Veerman, Maarten				00:42:41		01:25:90	02:09:15	04:35:80	08:20:20	
Verburg, Joyce	00:15:83		00:39:89	01:06:09	01:38:08					
Verburg, Twan			00:42:87	00:48:50	01:34:57	01:40:78				
Verduijn, Frank	00:13:37		00:33:75	00:51:12	01:14:98	01:45:19	02:54:43			
Verduijn, Gijs				00:50:10	01:14:15	01:40:71	02:33:81			
Verhage, Saskia	00:13:40		00:32:05	00:46:77	01:21:19	01:38:09	02:39:06			
Verhoef, Marjet				01:12:97	01:46:09					
Verlaan, Dennis	00:11:15		00:26:29	00:40:75	00:59:70	01:20:64	02:00:75	04:15:02	07:16:96	15:11:24
Verlaan, Wout				00:47:30		01:40:29	02:31:02	06:09:40		
Vermeij, Harry	00:11:90		00:30:90	00:43:82		01:27:21	02:14:90	04:44:04		
Vermeij, Marlène	00:12:27		00:28:98	00:44:34	01:22:74	01:27:84	02:15:55	05:04:22		
Vermeij, Pepijn	00:12:20		00:29:85	00:46:70	01:14:70	01:38:48				
Vermeulen, Martijn	00:11:18		00:27:72	00:40:77		01:21:81	02:06:49	04:33:14	08:23:17	
Versteeg, Bram				00:48:67		01:37:33				
Versteeg, Sanne			00:39:80	01:04:83	01:31:54					
Vervoorn, Martien				00:45:85		01:33:90	02:23:32	04:54:69		
Verweij, Kjell	00:13:57		00:35:03	01:00:75						
Verweij, Lars	00:15:14		00:40:57	01:14:72						
Verweij, Romano	00:14:08		00:37:65	01:02:40	01:36:86					
Vlag, van de Corné	00:14:82		00:41:12	01:06:22	01:38:39					
Vleerlaag, Remco				00:40:88		01:20:56	02:02:31	04:20:61		
Vliet, van Arie				00:46:04		01:34:94	02:19:61	04:56:09		
Vliet, van Nicolle	00:12:86		00:31:41	00:45:29	01:31:20	01:30:70	02:19:20	04:59:90		
Volwater, Anouk	00:15:10		00:36:83	00:54:75	01:22:65		02:55:39			
Volwater, Daphne	00:14:92		00:45:58							
Volwater, Judy			00:30:26	00:46:40	01:07:76	01:36:50	02:29:10	05:15:10		
Volwater, Nancy				00:49:86		01:43:54	02:38:19	05:44:86		

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Voorn, v.d. Sam	00:13:61		00:35:78	00:52:52	01:21:38	01:50:18				
Voorn, van de Vita	00:16:37		00:35:07	00:58:47	01:39:62					
Voorn, van der Jesse	00:13:08		00:33:53	00:56:28						
Voorn, van der Melissa	00:13:49		00:34:21	00:55:76	01:21:43	02:04:32				
Voorn, van der Peter	00:11:53		00:27:98	00:41:15	01:09:19	01:23:97	02:09:68	04:50:60		
Voorn, van der Remy	00:14:97		00:39:34							
Vork, Bianca	00:11:99		00:30:06	00:47:61	01:19:25	01:36:36	02:35:83			
Vork, Emma	00:13:97		00:35:00	00:54:16	01:17:90	01:56:09				
Vork, Floor	00:14:43		00:35:94	00:58:39	01:24:06	02:12:61				
Vork, Sanne			00:42:14	01:11:09						
Vos, de Jos				00:38:35		01:17:26	01:53:13	04:03:19	06:52:15	14:32:20
Vos, de Jurre	00:12:25		00:30:08	00:39:94	01:06:71	01:20:39	01:59:52	04:15:20		
Vos, de Laurien				00:47:80	01:21:58	01:38:72	02:31:42			
Vuurens, Nico	00:10:70		00:25:56	00:39:40	00:57:25	01:18:71	01:57:74	04:04:93	07:10:11	14:45:02
Vuurst, van der Koen	00:12:97		00:30:87	00:47:14	01:12:48	01:38:86	02:27:97			
Walraven, Tamara				00:46:96		01:34:82	02:29:44	05:21:00		
Wanrooy, van Bart				00:37:97		01:15:77	01:58:11			
Wansinck, Taco	00:10:62		00:26:52	00:41:92	01:05:31	01:24:73	02:10:78	04:41:75		
Weijden, v.d. Tom	00:14:57		00:40:13	01:01:95	01:37:09	02:27:82	03:02:18			
Weijden, van der Jantine	00:14:28		00:38:74	01:04:68	01:36:05	02:23:58				
Wesdorp, Eline				01:21:84						
Wesdorp, Jos				01:12:39						
Westdorp, Simone	00:21:66		00:48:05							
Wijk, van Bas	00:10:32		00:24:74	00:37:96		01:14:59	01:53:71	04:01:78	07:26:69	
Wijnen, Huub				01:09:17			03:21:05			
Wilbrink, Johan				00:46:70			02:20:08	05:02:40		
Wilt, de Luuk	00:14:27		00:37:36	01:03:56						
Zon, van der Eva	00:14:89		00:37:84	01:04:41	01:36:79					
Zwaan, van der Jeroen			00:26:49		00:57:21					
Zwarthoed, Arinda	00:12:38		00:29:25	00:44:33	01:07:95	01:29:85	02:17:41	04:58:52	08:45:77	
Zwarthoed, Frouk				00:38:97		01:18:63	01:59:56	04:18:76		
Zwet, van der Anouk	00:12:87		00:31:33	00:47:34	01:14:58	01:34:53	02:22:86	05:14:15		
Zwet, van der Esther	00:14:50		00:36:93	00:53:89	01:17:46	01:50:30				
Zwet, van der Fleur				01:17:76		02:08:26				
Zwet, van der Gijs	00:11:87		00:29:12	00:45:49	01:04:11	01:30:50	02:21:40	04:59:40		
Zwet, van der Lau	00:12:50		00:29:01	00:44:78		01:30:44	02:17:80	04:56:51		
Zwet, van der Leonie	00:11:80		00:29:28	00:45:37	01:09:50	01:33:78	02:23:72	05:06:97		
Zwet, van der Mike	00:16:02		00:46:09	01:16:86						
Zwet, van der Peter				00:41:49	05:00:13	01:24:49	02:09:46	04:31:00		
Zwet, van der Tinus				00:44:83		01:33:83	02:25:32	05:04:72		

Naam	100m	140m	300m	500m	700m	1000m	1500m	3000m	5000m	10000m
Zwet, van der Wout				00:49:20		01:47:20	02:42:50	06:22:40		